

Families . . . Try This Fun and Educational Activity

Meet CA
Standards
in PE

Aerobic activity
Muscle Strength
Rhythmic skills
Movement patterns
Social Interaction
Group dynamics
Teamwork
Leadership skills
Physical fitness
Coordination
Balance
Flexibility
Good sportsmanship
Folk-dance



Develop a
wide array
of skills

Problem-solving
Pattern recognition
Spatial awareness
Math skills
Fractions & Geometry
Mood enhancement
Brain function
Memory
Attention span
American heritage
California history
Listening skills
Music appreciation
Character
Etiquette
Manners
Positive attitude
Encouragement
Motivation
Determination
Persistence
Cooperation
Achieve a goal
Personal satisfaction
Confidence
Sense of humor
Cultural diversity
Multi-generational

Family and
friends can
learn
together!

Enlarge
your circle
of friends
& social
skills

Opportunities
to travel
&
participate in
festivals

Classes Start Feb 6th Thursdays 7:00-9:00pm

13225 Walnut Street, Whittier
(on Walnut x Friends)

Class is held in the
Senior Center Bldg. but
ALL AGES (10+) are welcome!

\$6 per night
pay at door, cash only
to Whittier Parks & Recreation

Taught by a professional caller &
the Major Keys Square Dance Club

For more information go to:
www.MajorKeys.org
714-732-9347 or 626-800-8556

Special
Family Discount
Kids 17 and under
FREE
with paid adult